

## What Services Do We Provide?

- ◆ *Physical, Pelvic & Testicular Exams\**
- ◆ *PAP Smears\**
- ◆ *Breast Exams\**
- ◆ *Sexually Transmitted Disease testing for men & women*
- ◆ *Counseling*
- ◆ *Anemia Testing\**
- ◆ *Laboratory Tests*
- ◆ *Blood Pressure Checks*
- ◆ *Pregnancy Testing*
- ◆ *Hemoglobin Testing*
- ◆ *Infertility Information*
- ◆ *Preconception Information*
- ◆ *Birth Control Method Of Your Choice (including instructions on Natural Family Planning)*
- ◆ *Information and Referrals*
- ◆ *Community Education*

“NEICAC's mission is to help meet the primary needs of people and create opportunities for basic

Walk -Ins Welcome

- \* Services require an appointment; please call us ahead of time



Northeast Iowa  
Community Action Corporation  
Health Services—Family Planning  
305 Montgomery Street  
PO Box 487  
Decorah, IA 52101  
[www.neicac.org](http://www.neicac.org)  
563-382-8436 or  
Toll Free 1-866-742-3226

Supported by Grant number FPHPA07008 from the Office of Population Affairs, U.S. Department of Health and Human Services - Region VII

Northeast Iowa Community Action Corporation is an Equal Opportunity Provider. Auxiliary aids and services are available upon request to individuals with disabilities.



NEICAC  
Health Services  
Family Planning

Providing Services in the  
counties of:

- \* Allamakee
- \* Chickasaw
- \* Clayton
- \* Fayette
- \* Howard

Office Hours are Monday—Friday  
8 am to 4:30 pm  
563-382-8436 or  
Toll Free 1-866-742-3226  
To

self-sufficiency through community partnership, education and the provision of services.”

NEICAC Health Services Family



Planning seeks a world in which:

- ◆ Every pregnancy is wanted,
- ◆ Every child is wanted and cared for,
- ◆ Every decision regarding sexuality is personal and informed,
- ◆ Every individual has access to affordable, quality health care and
- ◆ Every individual has access to medically accurate, scientific based & comprehensive reproductive health information.

## COMMONLY ASKED QUESTIONS

### *How do I get an appointment?*

Please call us at 563-382-8436 or toll free at 1-866-742-3226

### *How much do services cost?*

Cost varies from person to person because we use a reduced fee scale for most reproductive health care services. This means that the cost of services depends on household income per month/year and how many people are living in the household. If insured we will bill your private insurance or Medicaid.

### *Where are services provided?*

Clinics are held at the following locations:

Decorah                      Elkader  
Fayette                      New Hampton  
Postville

### *What if I live outside Decorah?*

Call our Decorah Office for an appointment at any of our clinic sites.



*I am a minor*

*(under age 18) can I still receive services?*

Yes. In the State of Iowa, parental consent is not required.

### *How can I get tested for STD's?*

Appointments are needed for STD testing at NEICAC Health Services. Screening can be done for Chlamydia, Gonorrhea and Herpes. Other places to obtain STD testing are:

Blackhawk County Dept. of Health  
Waterloo 319-291-2413  
Hotline 1-800-342-AIDS  
(Walk-ins Welcome)

Confidential testing for HIV/AIDS at Winneshiek Medical Center, Decorah  
Call 563-382-2911 for an appointment

